

## THANK YOU INGERSOLL & DISTRICT

We are once again humbled by the generosity of our community over this past year. The Christmas Hampers supported 300 families with perishable, non-perishable food & gifts. We would like to thank our community partners: Thamesford & Ingersoll Lions Club's, Ingersoll Kiwanis, Ingersoll Rotary Club, Cami Assembly, UNIFOR Local 88 and Ingersoll Foodland. Again, we cannot thank each member of our community enough for your support & generosity which make it possible for us to provide this service. Wishing all our area residents a Healthy & Peaceful 2023. Thank you! Your Inter-church Committee.

## INGERSOLL MEDITATION

Run by donation Tues 7-8pm. No experience necessary. Just come, get comfortable & listen as the meditation guides you into relaxation & ease. Join Ingersoll Meditation Group on Facebook to get all the info & address or call 519-485-0629.

## BRANCH 119 INGERSOLL LEGION

Everyone is welcome. We have free wifi & popcorn.

**WEEKLY EVENTS:** Sun 1:30pm Mixed Darts, sign up starts at 1pm.

Wed 12pm Billiards, 1pm Euchre, 7:30pm Mixed Darts

Thur 7:30pm Men's Darts

**NEW YEARS DAY LEVEE** Doors Open 10am

Ingersoll Pipe Band 11am Music by Denis Burton 1pm- 4pm

**KARAOKE** Fri, Jan 6 & Fri, Jan 20, 8pm-midnight

**OPEN MIC** Fri, Jan 13 & Fri, Jan 27, 8pm to midnight

**LA DINNER** Jan 15 - ham & scalloped potatoes. Must be pre-ordered for free delivery or pick up. Call 519-200-1740 or email [ladinner119@rogers.com](mailto:ladinner119@rogers.com). For hall rentals contact G. Moyer 519-200-1740 or email [geniem@rogers.com](mailto:geniem@rogers.com).

## INGERSOLL 50+ ACTIVITY CENTRE

250 Ingersoll St, South, Ingersoll, 519-485-3869

**CARD WORKSHOP** Tues, Jan 24, 1:30-4pm. Craft unique hand-made cards that will wow anyone receiving them. RSVP Jan 19.

**ART WITH BOBBI** Mon, Jan 16 1-4pm. Learn to paint a beautiful picture of the "Silent Forest". RSVP Jan 13.

### DROP-IN PROGRAMS

**BID EUCHRE** Mon 1pm

**BRIDGE** Mon 6:30pm & Wed 1pm

**CARPET BOWLING** Tues 1pm

**GUITAR BUDDY** Tues 1:30pm

**ART DROP IN** Wed 1pm

**CHOIR** Thur 9:30am

**EUCHRE** Fri 1pm

**WOOD SHOP** Fully stocked woodshop, call us to book an orientation.

**WOOD CARVING** Mon 6pm, Fri 9am

**LIVING HISTORY** Tues 9am

**PEPPER** Tues 1pm & Thurs 1pm

**BINGO** Wed 1pm

**MAH JONG** Wed 1pm

**WORLD ISSUES** Fri 1pm

**MEXICAN DOMINOES** Fri 1pm

## LET'S SCRAPBOOK FUNDRAISER

The St James Church community is hosting this event Sat, Feb 25, 9am-8pm at the Masonic Hall, 190 Thames St S, Ingersoll. (No wifi in the hall). Snacks, drinks, lunch, supper, draws, silent auction. \$55. Register at [japrilllee@hotmail.com](mailto:japrilllee@hotmail.com).

## INGERSOLL SKATING CLUB

We enjoyed a fantastic Christmas Gala in December. Congratulations to all our skaters who performed in front of family & friends. It was a great show & many canned food items were collected.

**LEARN TO SKATE** Begins Jan 11, on Wed 4pm. Skaters of all ages & abilities are welcome. Taught by professional coaches: skate forwards, backwards, turns, stopping, balance, control & agility.

**PARENTS AND TOTS** Our winter sessions for our youngest skaters begin the week of Jan 7, 8 & 11. There are sessions on Wed, Sat & Sun. We are looking forward to seeing returning & new skaters on the ice. Please visit our website at [ingersollskatingclub.com](http://ingersollskatingclub.com) to register. If you have any questions, email [ingersollskatingclub@outlook.com](mailto:ingersollskatingclub@outlook.com).

## SUPPER CLUB SERVES GREAT MEALS

Jan 12, STICH Supper Club resumes its wonderful, free, full, delicious, hot meals at Trinity United Church in Ingersoll. Open to everyone, these meals are prepared by great volunteers & sponsored by generous donors. Doors open every Thur at 4:15pm to admit guests looking for hot coffee, a warm greeting, great goodies, then as of 4:30pm, a wonderful meal. Food service ends at 6pm. Check out our Facebook page for menus or to volunteer alongside Bryan Smith.

## INGERSOLL MINOR SOCCER REGISTRATION

Registration for the 2023 soccer season opens online Jan 2 at: [ingersollsoccerclub.com](http://ingersollsoccerclub.com). After Jan 29, a \$30 late fee will be applied. In-person registration will be held at the Unifor Hall, 364 Victoria St, Ingersoll on Thur, Jan 12, 7-9pm & on Sat, Jan 21st, 10am-12 noon. The ISC is looking for soccer enthusiasts who would be interested in a part-time summer job refing youth soccer. Please contact Peter at [iscref@execulink.com](mailto:iscref@execulink.com) if you are interested or would like more details.

## OXFORD BRANCH OF ONTARIO ANCESTORS

The next meeting of the Oxford Branch of Ontario Ancestors will be the Annual General Meeting to be held Jan 9, 7pm. We will review the past year's programs & elect a Chair & Vice-Chair, followed by a presentation by Matthew Griffis about using Google for genealogy. To attend go to <https://oxford.ogs.on.ca> for the link to register. Everyone is welcome to attend. Until further notice, all Ontario Ancestors Oxford Branch meetings will continue to be held virtually.

## OXFORD FOUNDATION GRANTS

The Oxford Community Foundation is proud to be working with community foundations across Canada as part of the Community Services Recovery Fund. This fund is a \$400 million investment from the Government of Canada. The fund will be delivered to communities in a collaboration between the Canadian Red Cross, Community Foundations of Canada, and United Way Centraide Canada to provide funding to local non-profits, registered charities & indigenous organizations. The Community Services Recovery Fund supports organizations as they adapt to the long-term impacts of the pandemic. Applications open Jan 6. More information can be found at [www.oxfordcommunityfoundation.org](http://www.oxfordcommunityfoundation.org).



**\$95/Day\***  
FOR MORE INFORMATION  
**519-485-0350**

## Short Term Stay Availability

- Up to 30 days in length
- Just for vacation
- Recovery from illness
- Variety of accommodations

\*Rates subject to change without notice. Based on single occupancy.

### Our Short Term Stays Include:

- Three meals daily
- Furnished suites
- Housekeeping
- 24/7 Response system
- Healthcare monitoring
- Social calendar

## 4-H

4-H is looking forward to an exciting year in 2023! Youth between the ages 6-21 from urban & rural areas can participate in the leadership development 4-H program in Oxford County & beyond. The 4-H program for youth ages 9-21 (born in 2001-2013) covers many different programs involving health, environment, technology, agriculture, science, food, community & communication in a hands-on learning atmosphere. The 4-H Cloverbud program for youth ages 6-8 (born in 2014-2016) is based on a 3 year curriculum where there is something different for each of the 3 years a member can participate in a hands-on learning atmosphere. There are 26 different topics that can be used, such as fruits & veggies, beef, wearable art, horses, goats, outdoor adventure, butterflies & bugs, maple syrup to just name a few. Looking to start a second Cloverbud 4-H Club in Oxford County & need volunteers to help, please contact Shonna wardshonna@hotmail.com or 519-854-6919. All of the 4-H programs are delivered by screened & trained volunteers. Consider becoming a volunteer with the 4-H program with your child, although you do not need to have a child in the 4-H program to be a volunteer. The 4-H Ontario youth participant fee (\$95 for a calendar year) is paid online directly with 4-H Ontario. The Oxford County 4-H Association will be subsidizing the provincial youth participant fee by \$20 for Oxford 4-H youth members for 2023 with the George Thornton Bequest Funds. Oxford 4-H youth members will pay \$75 to join 4-H in 2023. BEFORE registering online, please check to make sure the 4-H project you want is available by contacting the acting Oxford 4-H Communications Coordinator oxfordcounty4h@gmail.com. New 4-H projects (ages 9-21), Mt Elgin will be starting a 'Crocheting' 4-H project mid Jan, contact Megan meg\_davis88@hotmail.com. Oxford Beef 4-H Club will start up in Mar, contact Amy reinstonefarms@gmail.com & Oxford Swine 4-H Club & Thamesford 4-H Club contact Christy c\_brekelmans@hotmail.com for information. Hickson 4-H Club is doing the Breakfast 4-H project, Brooksdale 4-H Club is doing the Pizza 4-H project with full enrollments at this time, watch for future projects. The Oxford Quilting 4-H Club is completing the 'Sew with Knits' 4-H project with 6 members making T-shirts. Oxford County 4-H Association Annual General Meeting is Jan 25, 7:30pm at Foldens Hall. Consider becoming a Director to continue the 4-H program in Oxford County. Renewal learning opportunity for volunteers is Jan 25, immediately following AGM, at Foldens' Hall. Topic is Food Handling. 4-H youth will be serving up pancake meals at Jakeman's Maple Products in March on weekends. Oxford County 4-H Association would like to thank youth, families, community supporters & sponsors for their dedication to keep the 4-H program in Oxford County strong. Thank you to all 4-H club volunteers for making 4-H available to youth! To know more about the 4-H program, contact the acting Oxford 4-H Communications Coordinator, Shonna Ward, by email oxfordcounty4h@gmail.com or call/text 519-854-6919 or check out Oxford County 4-H Facebook.



## SALFORD LEISURE CLUB

It is really difficult to believe we have said goodbye to 2022 & are now right into the New Year. Even more amazing is the fact our Friendship Club is heading into its 43rd year. It was formed in 1980 by a group of dedicated & hardworking persons, who saw an empty schoolhouse & found the resources to make their plans & ideas work. Fast forward to the present & we as a group are continuing their ideas with a great membership & doing much of the same activities as our predecessors. Recent updates in the hall at Salford are much appreciated by our group. We are looking forward to an interesting year ahead, that will include a plant sale, the annual picnic, lunches out, in addition to our Wednesday morning Shuffleboard & Euchre twice a month. More information is available by calling 519-485-3652.

## BEACHVILLE DISTRICT HISTORICAL SOCIETY

Speaker Series features Doug Carr's Bike Tour  
On Jan 10, Hannah Mantel of Western University's Public History Program will bring to life the story of Doug Carr's trip around the world on his bicycle from 1937-1939. Doug Carr was a resident of Ingersoll. During his trip, he kept detailed travel diaries, took hundreds of photographs & collected travel brochures & souvenirs from the countries he visited. Mantel's presentation will outline how Carr's travel images from places like Cairo, Johannesburg, Tunisia, Jaipur, Japan & Vancouver can be mapped on a digital platform. Using the platform will allow attendees to follow the routes he took & locate the original places where some of his artifacts were collected. This talk will feature artifacts that are, today, housed at both Beachville District Museum & the Ingersoll Cheese & Agricultural Museum. Whether you recall hearing of Carr's travels, or remember visiting his store in Oxford County, we encourage you to put Jan 10 in your calendar. The talk will begin at 7pm in Beachville District Museum's Program Room. Refreshments will be served after the talk. There is no cost to attend. All are welcome.

## INGERSOLL CREATIVE ARTS CENTRE

**UPCOMING CLASSES: INTERWOVEN ART** Quilting class with Lynn Rock Sat, Jan 21, 9-3pm.  
**PRODUCT PHOTOGRAPHY** Original to Digital with Stuart Blower Sat, Jan 28, 1-4pm.  
**CALLIGRAPHY WORKSHOP** with Audrianna Desouza. Ages 10+. Sat, Feb 4, 9:30-11:30am.  
**ANIME DRAWING CLASS** with Finn. Ages 8+. Sat Feb 4-Mar 4, 1-2pm.  
**TEEN POTTERY** with Taryn Jarvis. Ages 12-17. Wed, Feb 8-Mar 22, (no class Mar 15), 5:30-7:30pm.  
**MODERN SEWING** with Britt. Ages 10+. Mon Feb 6-Mar 6, 6-8pm.  
**TEEN ACRYLIC PAINTING** with Calista. Ages 10+. Tues Feb 7-Mar 7, 6-7pm.  
**MINI VALENTINE'S GINGERBREAD HOUSE** with Audrianna Desouza, Ages 8+, Sat, Feb 11, 9:30-11:30am.  
**BIG BLOOMS - PAINTING** with Anita Woods, Tues, Feb 14, 9:30-4pm.  
To register for classes call the centre at 519-485-4691. Payment is due at the time of registration. Full class details are available on our website at [www.creativeartscentre.com](http://www.creativeartscentre.com).

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## THAMES CENTRE COMMUNITY CHOIR

This choir of adult singers is inviting new members to sing with us in Thorndale on Tuesday nights at 7pm beginning Jan 17. We sing under the direction of Robert Hutson with pianist Laura Altenmueller, both graduates of Western's music program. No auditions are required. Members travel from the surrounding area, sing for the love of it, and enjoy performing in the community. Please call Cathy 519-461-1679 for more information.

## NATURE NOTES – LOCAL STEWARDSHIP IN ACTION

**WED, JAN 18 – NATURE NOTES** at Ingersoll Public Library 7pm. Join local naturalist Jim Rule to hear how he & his wife turned their 10 acre property into a thriving example of what a Carolinian Zone forest can still strive to be-rich in biodiversity. This is an inspiration as to what vision & hard work can achieve in our local area. You do not need to be a Nature Club member to attend. For more information contact Sheila 519-485-2645 and [www.ingersollnatureclub.com](http://www.ingersollnatureclub.com).

**SAT, JAN 21 – OXFORD THAMES RIVER TRAIL WALK** (Beachville, East of village trail) 9am departure. Join the Ingersoll District Nature Club for a winter's walk on this well maintained trail. The Oxford County Trails Council's goal to develop, construct & maintain their trails to the highest possible standards to allow everyone the opportunity to explore the historically significant Thames River – has certainly been met. It is typically a good venue for bird watching. We'll carpool at 9am from the Municipal Lot adjacent to the Ingersoll Arena or meet us there - 45th Line at 454779 in Beachville. Contact Sheila, 519-485-2645.

## CAKE WALK AT ITOPA

Tickets now on sale for the Ingersoll Theatre of Performing Arts' March production of Cake Walk! Directed by MJ MacDonald & Arpad Andrew Horvath, it's the story of 5 unlikely contestants who clash in a cake-baking contest on Canada Day, in which each character gets his or her just desserts. A gentle comedy about life in a small Ontario town on July 1st. Show dates are Mar 3, 4, 5\*, 9, 10, 11\*, & 12\*. (Mar 3, 4, 9, & 10 at 7:30pm. Mar. 5\*, 11\*, & 12\* at 2pm). Tickets available at [www.itopa.ca](http://www.itopa.ca) or 519-485-3070. A stair lift and hearing assist system are available to ITOPA patrons.

## INGERSOLL SERVICES FOR SENIORS

250 Ingersoll St South, Ingersoll. 519-485-2269

**GROCERY BUDDY** Call us with your grocery list and we will arrange a day and time for us to do your shopping!

**MEAL PROGRAMS** Helping Seniors eat well.

**FROSTY MEALS** \$7 entrée, \$2 soup or dessert. Free delivery available.

**MEALS ON WHEELS** \$7/day, are served at lunch time Mon-Fri.

**CURBSIDE MEALS** Full meal & dessert Tues \$10. Pick up 12-12:30pm.

**DINE IN** Full meal & dessert Fri in our dining room, \$10. Free delivery to Ingersoll & Thamesford available. Every Tues & Fri 12-12:30pm call to book your meal by 12 noon the day before!

**HOME HELP & MAINTENANCE** Small fee for service. Yard work & cleaning. Looking for people to clean homes & do snow removal.

**FOOT CARE CLINIC** \$25, call for appointment.

**TRANSPORTATION** for older adults & those with disabilities in Ingersoll & surrounding areas. We are looking for people to drive.

**ASSISTIVE DEVICE LOAN PROGRAM** This free program has a wide range of equipment from crutches to wheelchairs. We also take donations!

**HELP WITH FORMS** Free, by appointment. This program can help people fill out forms. Examples include CPP, OAS, GIS & passport forms.

**TELEPHONE REASSURANCE** Security checks can make all the difference to an individual alone at home. If you or a loved one would like to talk with a friendly volunteer once a day or once a week, give us a call and we can set, you up! Volunteers are needed for this program.

**VOLUNTEERS** We are always looking for new volunteers to assist with our various services. We are especially looking for Volunteer Drivers... Home helpers.... And kitchen team volunteers!



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## FEBRUARY SHIVERS

If February makes you shiver, think warm thoughts about a summer exchange to Europe. ISE is planning a pilot group exchange with Dublin Ireland too. Not only does ISE International arrange the 9-12 week school-year exchanges for teens 13-17, they plan reciprocal exchanges between schools & community groups with partners in Europe too. Contact [bryasmit@iseontario.on.ca](mailto:bryasmit@iseontario.on.ca) for information on 6 destinations, 3 departure times & custom-designed experiences.



## STOPPING TO SMELL THE FLOWERS

Meditation Sessions have been offered for 6 years now, currently at The Meditation Hut in Thamesford & via zoom. Some changes are coming for the new year, starting in January 2023 that may suit you:

Regular Sessions on the: last Wed of each month 7-8pm

- 1st Saturday of each month 11am-12pm

~Private (Single or Group) Sessions: • Bring your friends/family member, or book a private session, when you know you are needing some peace & alignment. • Weeknights & weekends available.

\$15/session/person. This is a gift you give yourself – to slow down the pace, reflect & notice. Contact [stephaniemalo@hotmail.com](mailto:stephaniemalo@hotmail.com) so I can give you directions to the Meditation Hut (located on Stanley St. S., Thamesford, near Circle K) and/or the zoom link, or simply to find out more. If you register, but can't make it last minute, not to worry, you are not charged for the session. Stopping to Smell the Flowers: A Healing and Resource Centre ~Putting People in Charge of Their Own Healing [www.stoppingtosmelltheflowers.com](http://www.stoppingtosmelltheflowers.com), Facebook Group @Stopping to Smell the Flowers: A Healing and Resource Centre. When you produce peace & happiness in yourself, you begin to realize peace for the whole world. ~Thich Nhat Hanh



# Township of SOUTH-WEST OXFORD

## CIVIC CORNER

### Township Office Holiday Closure

The Municipal Office will be closed from December 26-30, 2022

### Winter Walk for Warmth



*Winter Walk  
for Warmth*

Saturday, February 25, 2023  
Thames River Trail  
454779 45th Line, Beachville  
2:00 to 4:00 p.m.

MONETARY DONATIONS OR  
NON-PERISHABLE FOOD  
ITEMS WILL BE ACCEPTED TO  
HELP THOSE FACING  
HOMELESSNESS IN OUR AREA

HOSTED IN PARTNERSHIP BY:  
SWOX Engage and Inform  
Committee  
Thames River Trail Board  
Sweaburg District Lions

For more information please visit [www.swox.org](http://www.swox.org)



### 2022 Christmas Lights Contest Winners

Winners of our 2022 Christmas Lights Contest were announced in our free e-newsletter SWOX Talks. Visit [www.swox.org](http://www.swox.org) to join our mailing list. Winners were also announced on our website & social media.

For more information, please contact [nchambers@swox.org](mailto:nchambers@swox.org).

### 2023 Interim Tax Bills

Please keep your eye out for your 2022 Interim Property Tax Bill; they will be mailed out by mid-Jan. If you have not signed up for E-Send (to receive your property tax bills electronically) a hard copy will be mailed.

Interim Tax Bills are based on your prior year's taxes; calculated as 50% of the prior's year's annualized total tax billing spread out over the 2 payments. The 2 installments are due Feb 24, 2023 & May 26, 2023. Please remit payment by these dates to avoid penalties & interest.

Failure to receive a property tax bill does not absolve the property owner from any taxes due or penalty charges for late payments. If you do not receive your tax bill, or your mailing address has changed, please call the Township Office at 519-485-0477 or 519-877-2702.

### Building Permit Fees

Please be advised that fees for South-West Oxford Township Building Permits are changing, effective January 1, 2023. Please visit our website [www.swox.org](http://www.swox.org) to view the new fee schedule (By-law 67-2022). Questions about the new fees can be directed to Chief Building Official Howard Leaver: [cbo@swox.org](mailto:cbo@swox.org).

### Winter Safety Tips from South-West Oxford Fire & Emergency Services

Remember: NO ICE IS SAFE ICE! Conditions on all ice can change in an instant. Please stay off all frozen waterways if possible. Many factors can affect ice thickness including: type of water, location, time of year & other environmental factors such as changing air temperature. The colour of ice may be an indication of its strength: clear blue ice is strongest, white opaque or snow ice is half as strong, grey ice is unsafe (indicates presence of water). Did you know that ice thickness should be: 15cm for walking or skating alone, 20cm for skating parties or games and 25cm for snowmobiles?

#### If you get in to trouble on ice when you are by yourself:

Call for help. Resist the immediate urge to climb back out where you fell in. The ice is weak in this area. Try to relax and catch your breath. Turn yourself toward shore so you are looking at where you entered onto the ice. The ice is more stable close to shore. Reach forward onto the broken ice without pushing down. Kick your legs to try to get your body into a horizontal position. Continue kicking your legs, and crawl onto the ice. When you are back on the ice, crawl on your stomach or roll away from the open area with your arms & legs spread out as far as possible to evenly distribute your body weight. Do not stand up! Look for shore and make sure you are crawling in the right direction.

#### When you are on ice with others:

Rescuing another person from ice can be dangerous. The safest way to perform a rescue is from shore. Call for help. Consider whether you can quickly get help from trained professionals (police, fire fighters or ambulance) or bystanders. Check if you can reach the person using a long pole or branch from shore – if so, lie down & extend the pole to the person. If you go onto ice, wear a PFD & carry a long pole or branch to test the ice in front of you. Bring something to reach or throw to the person (e.g. pole, weighted rope, line or tree branch). When near the break, lie down to distribute your weight & slowly crawl toward the hole. Remaining low, extend or throw your emergency rescue device (pole, rope, line or branch) to the person. Have the person kick while you pull them out. Move the person to a safe position on shore or where you are sure the ice is thick. Signal for help.

### Emergency Planning

Emergencies can happen at any time. Did you know that Oxford County has its own Emergency Planning resource – [www.oxford-72hours.ca](http://www.oxford-72hours.ca)? This website offers checklists, action plans & videos to help residents be prepared for any scenario. It even has farm & live-stock emergency preparedness plans! We encourage our residents to make emergency planning a priority for 2023. Know. Plan. In the event of an active emergency situation in South-West Oxford, you can dial 2-1-1 for more information.

### Upcoming Council Meetings

Regular Meetings of Council – January 10, 2023 at 9:00 a.m. and January 24, 2023 at 7:00 p.m.

Special Budget Meeting of Council – January 17, 2023 at 6:00 p.m. These meetings take place at our Municipal Office in Council Chamber (312915 Dereham Line, Mount Elgin) unless posted otherwise on our website, and are live streamed on our YouTube channel.

### Upcoming Committee Meetings

Environment and Energy Committee: Wed, Jan 11, 2023, 4:30pm.  
Engage and Inform Committee: Wed, Jan 11, 2023, 1:30pm.  
SWOX Zero Waste Committee: Tues, Jan 17, 2023, 1pm.  
SWOX Housing Opportunities Committee: Feb 7, 2023, 1:30pm.  
Committee meetings take place at our Municipal Office in Council Chamber (312915 Dereham Line, Mount Elgin) unless posted otherwise on our website. Committees are always looking for new members! To volunteer, or learn more, please visit: <https://www.swox.org/en/township-services/committees-of-council.aspx>

### SWOX Community Events Calendar

Did you know that our website has a calendar where you can view local community events? We want to hear about all of the upcoming events in South-West Oxford Township! Please email [nchambers@swox.org](mailto:nchambers@swox.org) to submit an event.

*Brock & Visser*  
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See Our Website for Monthly Specials!

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 Email: shane@greatfloors.ca

**BEACHVILLE LEGION**

Happy New Year to All! Join us in 2023 at the Beachville Legion. Everyone is welcome. We take this time to thank all that attended our many events in 2022. Looking forward to seeing our current members & friends, while looking forward to meeting new ones in 2023.

**JAN 1** Levee Day, 1-5pm – DJ/Karaoke. Friends, food & fun!

**GENERAL MEETING** Jan 8, 7pm

**FRIDAY SUPPERS** Branch opens 5pm. To pre-order all 519-423-6363 or email rcl495.suppers@gmail.com Leave your name & number of dinners. Take-out 5-5:30pm at the front door, after in the clubroom. Eat-In served in the clubroom 5:30-6:30pm. \$13 a plate.

Jan 10 Roast Beef Dinner

Jan 24 Chicken Parmesan

**EUCHRE** Thur 7pm, all welcome.

**FRI** Free Pool & Friday Nights Darts

Branch opens 7pm when no dinner. We are hosting a Zone Dart Tournament Jan 7 Legion Members only playing, but branch is open to all.

**NEW MEMBERS ALWAYS WELCOME**

Planning an event – Party?, Yoga?, Cooking Classes?, Dance Classes?, Youth Activities? Let's talk, we have the facility!

For updates follow us on; FACEBOOK for more fall events being planned or visit rcl495beachville.ca

Beachville Legion, Br 495m 39 Zorra Line, Beachville, 519-423-6363.

**CHRISTMAS TREES' SECOND LIVES**

You bought a real tree for Christmas because you like the scent, have heard that the pine oil helps kill germs, love the tradition & have calculated the environmental benefits. Bryan Smith did - Real tree every time. Now after carefully removing all ornaments, you can look for a friendly neighbourhood goat farm where it will be wanted for munching into oblivion, or a municipal yard where your tree can be mulched into soil improvement.

*Bits 'n Clips*

**90TH BIRTHDAY – HEBDEN**

The families of Jean (Beam) Hebden invite you join them in celebrating her 90th birthday.

Open House on Saturday March 4, 2023  
 in the Beaty Room at the Thamesford Library from 1-3pm.  
**BEST WISHES ONLY!**

**AFFECTED BY SOMEONE'S ADDICTION?**

Nar-Anon groups are a worldwide fellowship for those affected by someone else's addiction. We offer our help by sharing our experience, strength & hope. Helpline 1-800-477-6291. Please contact your local area or region for specific information regarding group changes. Some group, area, and regional website information can be found at <https://www.nar-anon.org/other-sites>.

**PROSTATE CANCER SUPPORT GROUP**

We meet in person & via Zoom 7-8?:30pm on the 1st Wed of the month except July & Aug at 140 Pine Valley Blvd, London. Everyone is welcome! Contact: Carl 519-852-4277, carlkelly39@gmail.com; John 519-365-1599, johnolivei@gmail.com. Visit our Facebook page at London Prostate Support Group and [www.pcsupportgroup.ca](http://www.pcsupportgroup.ca).

Jen Thomson Broker

jenthomsonrealtor@outlook.com

**519-535-4243**

Fax: 519-667-1958



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[www.mcbeathdynes.ca](http://www.mcbeathdynes.ca)

## THAMESFORD FRIENDSHIP CLUB

The Thamesford Friendship Club looks forward to enjoying a fun afternoon get together in January with Coffee, Tea, Desserts & Friends. Come at 1pm Wed, Jan 25. Join us in the Beaty Room, of the Thamesford Library building. We'll bring some games like dominoes & a crokinole board & you can bring your fav game or cards. As requested, we will be doing some rock painting too (supplies will be provided). No pressure, just a couple of hours to spend with friends in the New Year. The TFC is a group of 55+ living in or around Thamesford & we hold events about 10 months of the year. If you have any questions, call Helen 519-285-2024 or Bunny 519-295-0054... oh just one thing, call to let us know you are coming by Jan 18 so that we have enough Coffee, Tea & Dessert on hand! Cost for this event is \$5.

## EVERYDAY ORGANIZED

Did you know that according to Nationaltoday.com January is Get Organized Month or GO Month. It makes sense. The beginning of the year is the perfect time to set yourself up for success the whole year through. Now is the time to organize your "things" – whether it's your belongings, your time, your space, your paperwork, your priorities, or any number of other chaotic pieces in your life. Some might be thinking "I will need the whole year to get myself organized, not just a month!" However, joking aside, disorganization at home or work can be exhausting, unproductive & overwhelming. If that's where you find yourself, consider hiring a professional organizer to help. The job of a Professional Organizer is to help individuals, families & businesses create a plan to sort through their "things," weed out the clutter & live more intentionally in their organized EVERYDAY. What area are you struggling to organize? Start by making a list & setting time aside, even 30 minutes a week or 10 minutes a day, to start tackling the disorganization in your life. Think you might need a little help? Contact Everyday Organized, your local Professional Organizer. everydayorganized.ca.

## CYCLES OF LIFE

Hello fellow community members. Hope your holidays held more laughter & more happy memories than ever before! With your generous donations throughout this past year COL could not have helped so many people in Oxford County. Please continue to support Cycles of Life in any way you can, be it with food, hygiene products, razors, toothpaste, toothbrushes, deodorant, individual mouthwash, men's pants size 28-34 and/or monetary, it is greatly appreciated. Cycles of Life has been invited to hold the Ingersoll Community Outreach Table indoors at the Masonic Hall, 190 Thames St S, Ingersoll starting Tues, Jan 3, 1-3pm. You can enter through the back door off the parking lot or the front door. Donations can be dropped off here as well as at the library. You can contact us at any Community Outreach Table: Woodstock Mon, Wed & Fri, 1-3 at College Ave. United Church parking lot, Tillsonburg on Thur in the Upper Deck on Queen St, 11-1pm, on Facebook, email cyclesoflife.fstl@gmail.com, or 226-777-4008. Thank you!

## CLASSIFIED ADS



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## EUCHRE RETURNS TO SWEABURG

After a Covid hiatus, the hugely popular Sweaburg Lions Euchre Night is returning. It is strictly a fun night of euchre with all welcome. Sat, Jan 21 in the Sweaburg United Church. Doors open at 6:30pm and play begins at 7 sharp. Cost is \$10. Light refreshments will be served.



## ITOPA CONCERT SERIES

**TIA MCGRAFF & TOMMY PARHAM** fan favourites at the Canterbury Folk Festival, Tia & Tommy will be on our stage Sat, Mar 18, 7:30pm.  
**GLAD ALL OVER** A tribute to the British Invasion Apr 22, 3pm & 7:30pm.  
**THE CROONER SHOW** From Sinatra to Bubl  & a whole lot in between Sat, May 27 for 2 shows: 2pm & 7:30pm.  
**SOLITARY MAN** A tribute to Neil Diamond Sat, June 24 for 2 shows: 3pm & 7:30pm. Tickets & info at [www.itopa.ca](http://www.itopa.ca) or 519-485-3070.

## FREE GIRLS & BOYS PROGRAM

Free Girls/Boys program ages 12-18. 201 Royal Canadian Air Cadet Squadron: • Earn Community Involvement hours (Secondary School requirement) • Participate in Survival Training exercises • Fly simulators, learn a band instrument. All training and uniforms are free of charge. The squadron meets weekly on Wed at the Dorchester Optimist Club, 6:30-9pm. For more info: call or email [captain.allaire@gmail.com](mailto:captain.allaire@gmail.com), 519-268-2010. [www.aircadets.ca/201/](http://www.aircadets.ca/201/).

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## ALCOHOLICS ANONYMOUS

24 Hour Helpline 519-438-1122, help@oxfordaa.com, oxfordaa.com.  
The only requirement for membership in Alcoholics Anonymous is a desire to stop drinking. There are no dues or fees.

**MON** Ingersoll 1pm St. Paul's Church, 56 Thames St, S

**TUES** Ingersoll 7:30pm Trinity Church, 118 Church St (downstairs)

**FRI** Ingersoll, 10am, Trinity Church, 118 Church St

**SAT** Ingersoll 7:30pm St. Paul's Church (south ent) 56 Thames St, S

## LADIES BOWLING LEAGUE

Weekly games over 200. Week of Nov 9, Janet Scott 256, Mary Jane Bartram 217. Nov 16, Toni Scaiff 218, Kay Oliver 203. Nov 23, Liz Ellis 201. Nov 30, Liz Ellis 208, Toni Scaiff 206. Dec 7, Liz Ellis 229, Sue Martin 208 & 201, Toni Scaiff 205. Dec 14, Karen Aubin 212, Marilyn Ponting 211, Michelle Kirwin 207, Liz Ellis 203, Cheryl Jeffery 201. Year to date High Triple: Barb Freemantle. Year to date High Single: Kelly Hammond 263.



## EQUIP YOUR CHILDREN

Equip your child(ren) with skills for life, with practical strategies to regulate emotions. Develop practical tools to cope with extreme emotions. First Baptist Church Ingersoll in partnership with, By Peaceful Waters, is holding a one-day workshop Sat, Feb 25, 9-4pm. There will be a cost for this one-day workshop. For more information, please call 519-485-3046 or email fbingersoll@gmail.com.

## FOOD ADDICTS ANONYMOUS

The only requirement to membership in FA is a desire to stop eating addictively. No dues, no fees, no weigh-ins. We are meeting in Ingersoll on Wed at 6:30pm at Trinity United Church, 118 Church St. For information, call Patrick 519-485-4146 or Gayle 519-532-4254.

## INGERSOLL SENIORS CENTRE FITNESS CALENDAR

**MON** • Zumba Gold • DrumFIT • Tai Chi

**TUES** • Chair Yoga • Stroke Rehab

**WED** • Walking Club • Gentle Yoga • Chair Yoga

**THUR** • Gentle Yoga • OsteoFit

## ACCOMPLISH YOUR NEW YEAR'S RESOLUTIONS

The New Year often inspires new habits & goals, so let us help you with all your New Year's Resolutions. Whether your goal is to become more mindful, try something new, reduce your ecological footprint or if you're looking to get more active – Oxford County has you covered! Check out our unique experiences like paddling down the river, taking an alpaca for a walk or learning the science of roasting coffee. Check out some of our local shops for eco-friendly and zero waste options, taste what food fresh from the field tastes like, and get active while exploring Oxford County by walking or cycling. Learn more about all we have to offer at [tourismoxford.ca](http://tourismoxford.ca).

## INGERSOLL SENIORS FITNESS NEWS

### STROKE RECOVERY, COPD, PARKINSON'S DISEASE FITNESS CLASS

A new 8-week session starting 2nd week of Jan. If you, or someone you know, is a stroke survivor, has been diagnosed with COPD, or Parkinson's Disease, you might benefit from this specialized, small group class that meets every Tues & Thur. Call the Ingersoll 50+ Centre for more information or to register for this fitness class. 519-485-3869

**LINE DANCING OPEN HOUSE** Wed, Jan 4, 10:30am. This is a free demonstration and class for both members & non-members. Coffee and refreshments to follow. Refresh your skills or try something new! Register today!



# WORSHIP WITH US

**Beachville Baptist Church** Rev. Lee Tuson, 8 King St. Service

10:30am

**Livingway Pentecostal Church** 519-423-9191

434809 Zorra Line, Beachville - Worship & Sunday School, Sunday 3pm

**Mt. Elgin United Church** 519-425-2091

Pastor Lori Minler. 324105 Mt Elgin Rd W, Mt Elgin

**Burgessville United** Church St W, Norwich 10:30am

**Southwest Oxford United Churches** Pastor Janine Lunn

Foldens 374097 Folden's Line, 9:30am

Sweaburg, 474425 Dodge Line 11am

West Oxford 354315 Church Line 9:30am

Regular Sunday worship services will resume again Jan 8

**Hi-Way Pentecostal Church** 519-485-0961

584118 Beachville Rd, Ingersoll [hiwaypentecostal.ca](http://hiwaypentecostal.ca)

SUN 10am Facebook Livestream [www.facebook.com/hiwayingersoll](http://www.facebook.com/hiwayingersoll)

**Forward Church Ingersoll** Join us in person or online

Sun. 9:45 am, 148 North Town Line E, Ingersoll

[www.churchathome.ca](http://www.churchathome.ca) (Cambridge Livestream).

**The Ark New Beginnings Assembly** [TheArknba.com](http://TheArknba.com)

Salford Community Center, 383908 Salford Rd, Salford

SUN 10:30am

**Ingersoll Christian Reformed Church** [ingersollcrc.ca](http://ingersollcrc.ca)

519-485-4941, 429 King Street West, Pastor Derek Ellens

SUN 10am Live Stream, on website or YouTube - Ingersoll CRC

**Free Reformed Church of Oxford County**

284793 Pleasant Valley Rd., Pastor L.J. Bilkes, [www.oxfordfrc.com](http://www.oxfordfrc.com)

**Reynolds Creek United Church** 519-425-1174

7180 Hamilton Rd, Putnam. Pastor Mary Dillon

[avonputnampc.uc@execulink.com](mailto:avonputnampc.uc@execulink.com)

# JANUARY 2023

SUN	MON	TUES	WED	THUR	FRI	SAT
<b>1</b> • Levee, Ing Legion • Levee, Beachville Legion 1-5pm	<b>2</b> • Minor Soccer online registration begins • Ing Srs order curbside meal for Tues pick up	<b>3</b> • Ing Mediation 7-8pm • Ingersoll Seniors, Pepper 1pm • Thames Centre Choir	<b>4</b> • Billiards, Ing Legion • Prostate Cancer support group • Ingersoll Seniors Line Dancing Open House	<b>5</b> • Euchre, Beachville Legion, 7pm • Ing Srs, Gentle Yoga	<b>6</b> • Karaoke, Ing Legion • Ingersoll Seniors, Mexican Dominoes	<b>7</b>
<b>8</b> • Mixed Darts, Ingersoll Legion • Beachville Legion AGM	<b>9</b> • Ingersoll Seniors, Bid Euchre 1pm • Ontario Ancestors • AA Ingersoll 1pm	<b>10</b> • Ingersoll Seniors, Guitar Buddy 1:30pm • Historical Society talk • Council meeting	<b>11</b> • Mens Darts, Ingersoll Legion • Ingersoll Seniors, Bridge 1pm • Air Cadets, Dorchester	<b>12</b> • STICH Supper Club resumes 4pm • Minor Soccer in person registration	<b>13</b> • Open Mic, Ing Legion • Ingersoll Seniors, World Issues 1pm • AA Ingersoll 10am	<b>14</b> • AA Ingersoll 7:30pm
<b>15</b> • Dinner, Ing Legion	<b>16</b> • Ingersoll Seniors, Art with Bobbi • Ing Srs order curbside meal for Tues pick up	<b>17</b> • Council budget meeting • Ingersoll Seniors, Carpet Bowling 1pm • Thames Centre Choir	<b>18</b> • Billiards, Ing Legion • Ingersoll Seniors, Art Drop-In 1pm • Nature Notes, Ingersoll library	<b>19</b> • Ingersoll Seniors, Choir 9:30am • Supper Club 4pm • Ing Srs, OsteoFit	<b>20</b> • Karaoke, Ing Legion • Free Pool, Beachville Legion, 7pm <b>VILLAGE VOICE DEADLINE</b>	<b>21</b> • Minor Soccer in person registration • ICAC Quilting • Thames River walk
<b>22</b> • Mixed Darts, Ingersoll Legion	<b>23</b> • Ingersoll Seniors, Bridge 6:30pm • Ing Srs, Zumba Gold	<b>24</b> • Council meeting • Ingersoll Seniors, Card Workshop • Cycles of Life, Ingersoll Masonic Lodge 1-3pm	<b>25</b> • Euchre, Ing Legion • Thamesford Friendship • Thamesford Meditation • Air Cadets, Dorchester	<b>26</b> • Ingersoll Seniors, Pepper 1pm • Supper Club 4pm	<b>27</b> • Open Mic, Ing Legion • Ingersoll Seniors, Euchre 1pm • Darts, Beachville Legion	<b>28</b> • ICAC Product Photo.
<b>29</b>	<b>30</b> • Ingersoll Seniors, Wood Carving 6pm • Ing Srs, DrumFit	<b>31</b> • Ing Mediation 7-8pm • Ingersoll Seniors, Living History 9am			<b>JC graphics</b> Your friendly neighbourhood printer. (519) 285-3249 JCGRAPHICS.CA	

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## Community Contacts

Telehealth Ontario .....	866-797-0000	Crime Stoppers.....	800-222-8477	Museum, Cheese & Agri.....	519-485-5510
Poison Info Centre.....	800-268-9017	Fusion Youth Centre .....	519-485-4386	Performing Arts (ITOPA).....	519-485-3070
Women's Emerg. Centre .....	519-539-4811	Girl Guides.....	877-323-4545 Ext 6401	Rotary Club.....	519-485-0750
Kids Help Phone.....	800-668-6868	Historical Society.....	519-485-2062	Scouts.....	519-639-8353
Arena.....	519-485-5023	Hockey, Minor.....	519-485-5858	Skating Club .....	519-485-1039
Big Brothers Big Sisters.....	519-485-1801	Horticultural Society.....	519-485-3649	Seniors Services.....	519-485-3869
Creative Arts Centre .....	519-485-4691	Ingersoll & District Inter-Church.....	519-933-7730	Soccer .....	519-425-4324
		Kiwanis Club.....	519-485-4310	Swimming, Speed Sharks .....	519-425-0128
		Library.....	519-485-2505	Victoria Park Comm Centre.....	519-425-1181
		Lions Club.....	519-303-4386	Village Voice .....	519-285-3249

**IN AN EMERGENCY DIAL 911**

**OPP DIAL 1-888-310-1122**

The Village Voice is published as a community service by JC Graphics. Any opinions expressed are those of the author and not necessarily the opinion of the publisher.